



Country Presentation (MYANMAR)

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Populations are getting older

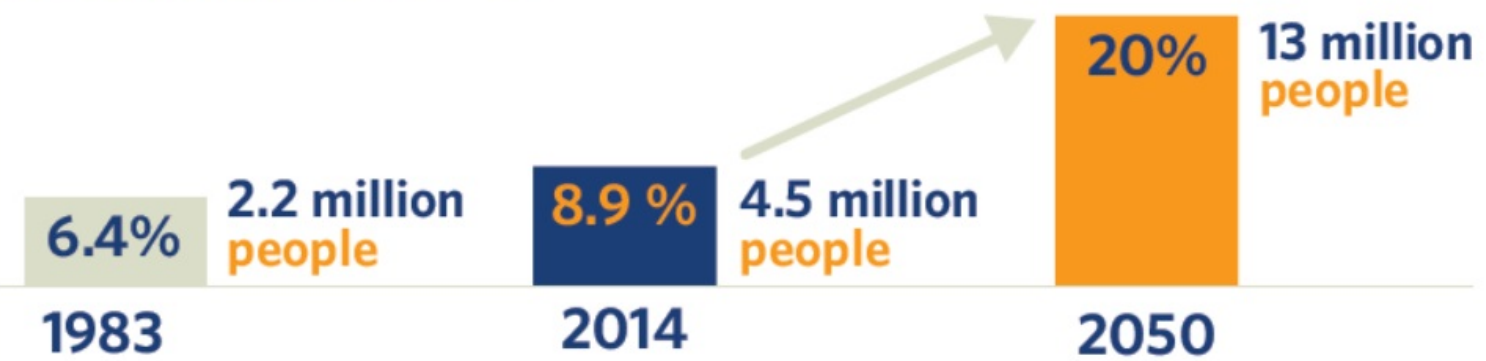


Source: <http://www.who.int/ageing/en/>



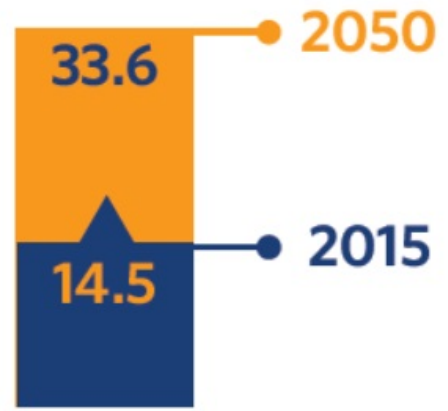
World Health Organization

POPULATION IN MYANMAR AGED 60+



INCREASE IN PROPORTION OF OLDER PEOPLE & RAPID AGEING POPULATION IN THE FUTURE

OLDER AGE DEPENDENCY RATIO*



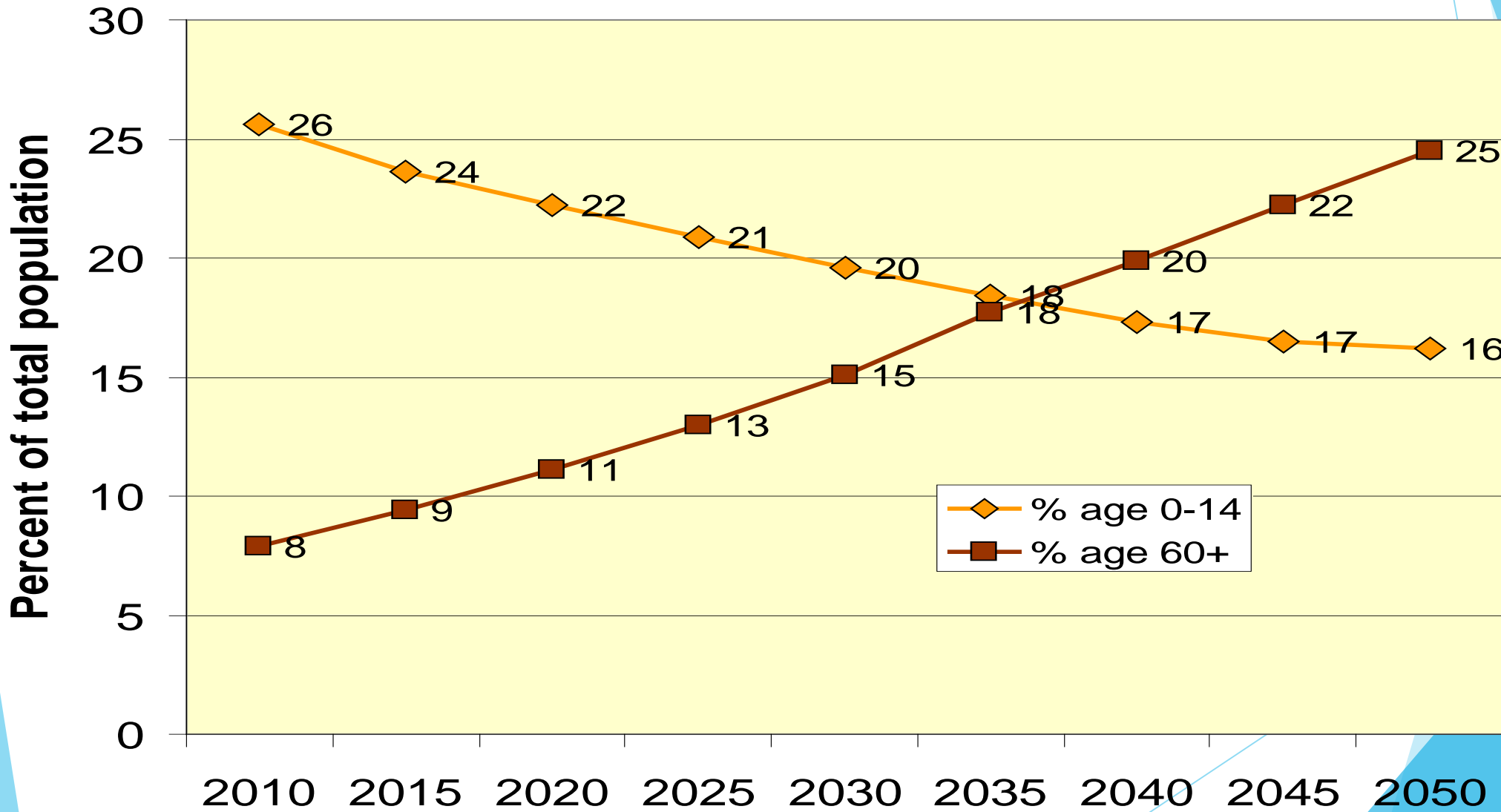
POPULATION IN MYANMAR AGED 80+



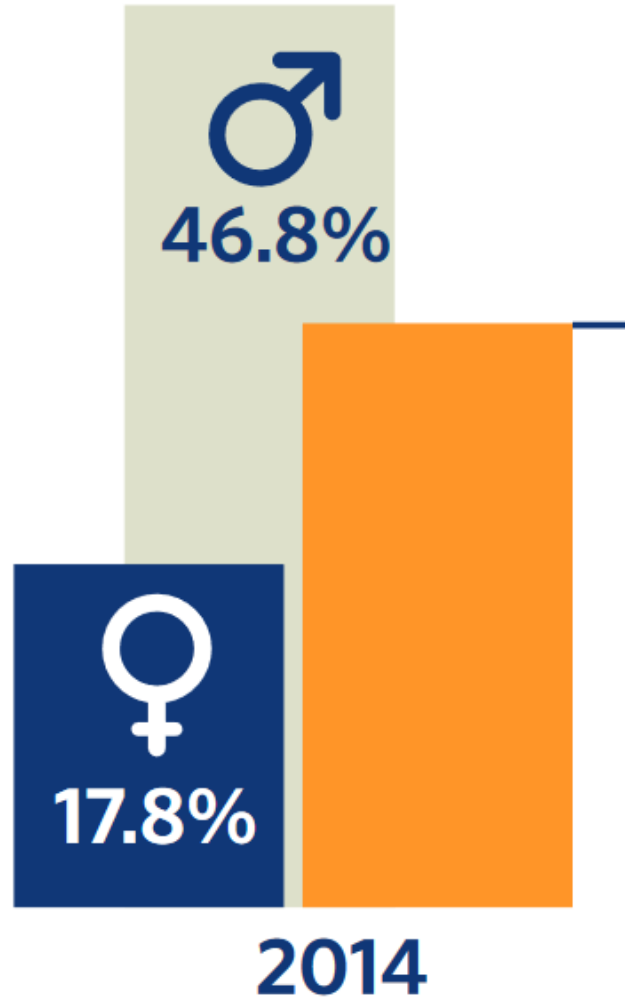
OLDER POPULATION INCREASING

Source: Policy Brief on the Older Population, published in 2018, 2014 Census, MoLIP, UNFPA

The population of children will decline and population of elderly will sharply increase



Labour force participation



30.3%
of people aged 60+ were
active in the labour force

Older people are more
likely to be employed in
agricultural work



National Policy, Rules and Regulations

- ▶ Elderly People Law was enacted in December 2016
- ▶ Rules to formulate Law Relating to Elderly People and will be finalized this year
- ▶ Consultation process for formulating 20-year National Policy on Ageing and it will be finalized in later this year
- ▶ 5-year National Plan of Action on Ageing is under reviewing process through collaborative plan from different concerned ministries

Under Chapter 8, Section 24 of Elderly People Law 2016

Attaining regular income

Myanmar Elderly People Committee shall co-ordinate with the relevant Union Ministries, Companies incorporated to find appropriate jobs for the elderly people who are capable and willing to do jobs:

- ▶ (a) arrange part-time job opportunities and the jobs capable of performing by the Elderly people.
- ▶ (b) arrange to get loans to do vocational jobs (for elderly people).
- ▶ (c) arrange trainings for vocational education and skilled labour for the elderly people.
- ▶ (d) arrange tax reduction or exemption for the employers who give job opportunities to the elderly people.

Good Practices

- ▶ Give more respect and value Older People
- ▶ DSW support Home for the Aged across the country
- ▶ Volunteer-based home care for older people (1st pilot in 2004 and continue program till now)
- ▶ Day Care Center for the Aged by DSW, MSWRR since 2013 and create enabling environment
- ▶ Conduct caregiver training for youth and active communities
- ▶ Older People Self-Help Group since 2009 in Myanmar and promote active ageing in the communities

Good Practices

- ▶ Madrid International Plan of Action on Ageing 2002-2022 (MIPAA) was agreed by the global community (159 countries) including Myanmar
- ▶ Myanmar has been in all MIPAA review process and improve in-country programme related to older people
- ▶ National Social Protection Strategic Plan 2014 December (including Social Pension and Replication of OPSHG as 2 main flagship programmes)
- ▶ Costed Social Protection Sector Plan 2018-2023 is drafted and submitted to DACU including National Social Pension and Replication of Inclusive Self-Help Groups

Good Practices

- ▶ Cash assistance (one-off) for 90+ and 100+ older people, universal coverage, starting from 2015-16 fiscal year
- ▶ Myanmar 1st Pilot cash transfer for older people in Kachin State and Ayeyarwaddy Region with the support of HelpAge International
- ▶ Historic 1st Myanmar National Social Pension delivery starting from 2017 April as quarterly payment (10,000 MMK per month, about 7-8 USD per month)
- ▶ Reduced eligible age for Social Pension to 85+ in October 2018 and the total beneficiaries is about 180,000 in the country

Challenges and Gaps

- 1. Budgetary constraints of the government**
- 2. Capacity development needs at National/State/Regional /Township levels**
- 3. Inadequate awareness among other key government ministries for mainstreaming older peoples' needs into their annual programmes**

Challenges and Gaps

- 1. HelpAge International is the only organization supporting the Ministry to promote older peoples' rights to income security, better access to health and others in Myanmar**
- 2. Needing attention of other NGOs/CSOs to mainstream older peoples' needs into their current & future programmes (emphasizing decent work in old age)**
- 3. Key donors are yet to put sufficient emphasis on the inclusion of older people, labour participation and decent work**

Recommendation on the areas of regional cooperation

1. Sharing experience & feedback from ASEAN member countries and like-minded organizations
2. Sharing ageing related information/experiences with inter-ministerial stakeholders
3. Initiatives to advocating with key government ministries about the inclusion of older people needs into their programme
4. International aid (technically and financially) to boost the government's initiatives for older people