

Annex

All nominees are required to formulate an Inception Report and submit it to JICA office in your country with the Application form by September 1, 2025.

<p>Country:</p> <p>Name:</p> <p>Organization:</p> <p>Curent Position :</p>
<p>Secssion1</p> <ol style="list-style-type: none">1 Please attach an organization chart of your organization, if available. and describe the tasks under its responsibility.2 Please describe your task engaged in currently.3 Please describe what institutions you work with and how you work with them in your work.4 Please describe any challenges you face in carrying out your task.5 Please describe any initiatives you are taking to ensure that the challenge is tackled.6 Please describe any Japanese initiatives you are interested in and points you would like to learn about.
<p>Secssion2</p> <ol style="list-style-type: none">1 Please explain current Situation and Challenges of Thailand's Aging Society with specific examples and identify priority issues.2 Please explain your views on the challenges facing the elderly welfare and long-term care sector in Thailand, as well as your ideas for the policies and institutional designs that would be necessary to address these challenges.3 Are you aware that due to the shortage of care personnel in Japan, the country has been accepting care workers from ASEAN member states?4 Are you aware that there are individuals from Thailand who are working in Japan as care personnel?5 Describe how Thai care personnel who have worked abroad through the Technical Intern Training Program or Specified Skilled Worker Program can contribute to elderly welfare in Thailand upon their return, including proposals for concrete systems and mechanisms.



Knowledge Co-Creation Program (Young Leaders) (Thailand)

General information on

**Support and Care for the Elderly (Fostering of Human
Resources in the Nursing Care Field for Mutual
Development) B Course**

**高齢者支援・介護(介護人材の育成と環流)Bコース
JFY2025**

Course No.: 202413887J001

Course Period in Japan: October 19, 2025 – November 5, 2025

This information pertains to one of the JICA Knowledge Co-Creation Programs (Young Leaders) of the Japan International Cooperation Agency (JICA) implemented as part of the Official Development Assistance of the Government of Japan based on bilateral agreement between both Governments.

JICA Knowledge Co-Creation Program (KCCP)

The Japanese Cabinet released the Development Cooperation Charter in June 2023, which stated, *"In its development cooperation, Japan has maintained the spirit of jointly creating things that suit partner countries while respecting ownership, intentions and intrinsic characteristics of the country concerned based on a field-oriented approach through dialogue and collaboration. It has also maintained the approach of building reciprocal relationships with developing countries in which both sides learn from each other and grow and develop together."* JICA believes that this 'Knowledge Co-Creation Program' will serve as a foundation of mutual learning process.

I. Concept

The “Knowledge Co-Creation Program (Young Leaders)” is conducted by JICA (the Japan International Cooperation Agency) under a technical cooperation scheme of the Government of Japan, with the purpose of promoting human resource development in developing countries.

Under the program, young leaders, who will become nation-building leaders in the future, are invited to Japan for about 18 days to be provided with opportunities to:

- 1) develop their specialties through experiencing and learning technologies and skills in Japan, and
- 2) increase their willingness to resolve issues on their own.

II. Description

1. Title (Course No.)

Support and Care for the Elderly (Fostering of Human Resources in the Nursing Care Filed for Mutual Development) B (202413887J001)

2. Course Duration in Japan

October 19 to November 5, 2025

3. Target Regions or Countries

Thailand

4. Target Group

Staff of Health and medical care/social elderly welfare departments of the central government ministries/agencies and local governments.

5. Number of Participants

8 participants

6. Language

Thai

7. Objective(s)

Through participation in this course, the participants are expected.

- (1) To understand the systems and initiatives related to elderly welfare (long-term care) in Japan, as well as the frameworks and services for supporting older persons at the local level.
- (2) To learn about concrete practices implemented in long-term care and medical facilities.
- (3) To identify challenges related to the development and capacity-building of care personnel.
- (4) To analyze challenges in elderly welfare (long-term care) in one's own country and consider possible measures to address these issues.

8. Tentative Schedule of the Course

Date	Contents	Place
19-Oct.	Arrival	TOKYO
20-Oct.	-Briefing -Move to Fukui	
21-Oct.	-Program Orientation -Opening Ceremony -Inception report Presentation	FUKUI Prefecture
22-Oct. ~ 2-Nov.	(Lecture and Observation) -The current situation surrounding the elderly in Japan, the Long-Term Care Insurance System and the Community-based Integrated Care System -Application of knowledge on sarcopenia, frailty and Alzheimer's disease to policy measures. -Understanding of the Long-Term Care Insurance System and the Community-based Integrated Care System. -Elderly people and driver's license issues. -Policies on elderly welfare and long-term care in Fukui Prefecture. -Exchange of views with officials of Fukui Prefecture responsible for elderly policies. -Projects on elderly welfare and care services implemented by Sakai City and dialogue with elderly residents of Sakai City. -Social capital and health. -Overview and role of Dementia Medical Centers and Initial-phase Intensive Support Teams for Dementia. -Visits to special nursing homes for the elderly and community-based home care support centers. -Preparation of reflection records. -Visit to Fukui Support Center for Foreign Care Workers. -Study visit and exchange of views at facilities accepting foreign personnel through the Technical Intern Training Program. (Workshop or Discussion) -Discussions on application of knowledge to participants' own countries' elderly welfare policies and programs in preparation for the final presentation; formulation of action plans.	FUKUI Prefecture
3-Nov.	Making Action Plan	FUKUI Prefecture

4-Nov.	(AM) -Action Plan presentation -Evaluation meeting -Closing Ceremony (PM) Move to TOKYO	FUKUI Prefecture
5-Nov.	Departure	

※This course is tentative and the schedule is subject to change without notice.

III. Eligibility and Procedures

1. Nominee Qualifications

Applying Organizations are expected to select nominees who meet the following qualifications.

【 Remarks 】 Each Organizations is requested to strongly encourage female candidates to apply for the course to accelerate the realization of gender equality and women's empowerment.

(1) Essential Qualifications

All applicants must satisfy the following:

- 1) Nomination: be nominated by the Government of Thailand in line with the procedures mentioned in 3.(1) below.
- 2) Experience in the relevant field: be involved in a field corresponding to the course mentioned in II. Description.
- 3) Age: be from twenty (20) to thirty-five (35) years of age and be expected to become leaders in their specialized fields in the future.
- 4) Language Proficiency: have a good command of spoken and written Thai.
- 5) Health: must be in good health to participate in the program in Japan. To reduce the risk of worsening symptoms associated with respiratory tract infection, please be honest to declare in the Medical History (QUESTIONNAIRE ON MEDICAL STATUS RESTRICTION of the application form) if you have been a patient of following illnesses; Hypertension / Diabetes / Cardiovascular illness / Heart failure / Chronic respiratory illness.

(2) Recommended Qualifications

- 1) Experience Visiting/Living in Japan: It's preferable that the applicant has not made any previous visits to Japan.
- 2) Educational Background: It's preferable that the applicant hold a Bachelor's degree.
- 3) Gender Equality and Women's Empowerment: JICA seeks more female

applicants due to the past records of fewer applications from women. JICA is committed to promoting gender equality and women's empowerment and provides equal opportunities for all applicants regardless of their sexual orientation or gender identity.

2. Required Documents for Application

(1) Application Form: The Application Form is available at **the JICA overseas office (or the Embassy of Japan)**.

* If you have any difficulties/disabilities which require assistance, please specify necessary assistances in the QUESTIONNAIRE ON MEDICAL STATUS RESTRICTION (1-(c)) of the application form. Information will be reviewed and used for reasonable accommodation.

(2) Photocopy of Passport: You should submit it with the application form if you possess your passport which you will carry when entering Japan for this program. If not, you are requested to submit its photocopy as soon as you obtain it.

* The following information should be included in the photocopy:

Name, Date of Birth, Nationality, Sex, Passport Number and Expiry Date

* It is recommended that your passport be valid for more than 6 months after the last day of the program.:

(3) Inception Report: to be submitted with the application form. Detailed information is provided in the Annex.

3. Procedures for Application and Selection

(1) Submission of the Application Documents

Closing date for applications: **Please confirm the local deadline with the JICA overseas office.**

(All require material must arrive at JICA Center in Japan by **September 1, 2025**)

(2) Selection

Primary screening is conducted at the JICA overseas office (or the embassy of Japan) after receiving official documents from your government. JICA Center will consult with concerned organizations in Japan in the process of final selection. Applying organizations with the best intentions to utilize the opportunity will be highly valued.

The Government of Japan will examine applicants who belong to the military or other military-related organizations and/or who are enlisted in the military, taking into consideration of their duties, positions in the organization and other relevant

information in a comprehensive manner to be consistent with Development Cooperation Charter of Japan.

(3) Notice of Acceptance

The JICA overseas office will notify the results not later than **September 10, 2025.**

4. Conditions for Participation

The participants of KCCP are required

- (1) to strictly observe the course schedule,
- (2) not to change the air ticket (and flight class and flight schedule arranged by JICA) and lodging by the participants themselves,
- (3) to understand that leaving Japan during the course period (to return to home country, etc.) is not allowed (except for programs longer than one year),
- (4) not to bring or invite any family members (except for programs longer than one year),
- (5) to carry out such instructions and abide by such conditions as may be stipulated by both the nominating Government and the Japanese Government in respect of the course,
- (6) to observe the rules and regulations of the program implementing partners to provide the program or establishments,
- (7) not to engage in political activities, or any form of employment for profit,
- (8) to discontinue the program, should the participants violate the Japanese laws or JICA's regulations, or the participants commit illegal or immoral conduct, or get critical illness or serious injury and be considered unable to continue the course. The participants shall be responsible for paying any cost for treatment of the said health conditions except for the medical care stipulated in (3) of "5. Expenses", "IV. Administrative Arrangements",
- (9) to return the total amount or a part of the expenditure for the KCCP depending on the severity of such violation, should the participants violate the laws and ordinances,
- (10) not to drive a car or motorbike, regardless of an international driving license possessed,
- (11) to observe the rules and regulations at the place of the participants' accommodation, and
- (12) to refund allowances or other benefits paid by JICA in the case of a change in schedule.

IV. Administrative Arrangements

1. Organizer (JICA Center in Japan)

(1) **Center:** JICA Hokuriku Center (JICA Hokuriku)

(2) **Program Officer:** Mr. SATO Yamato (Sato.Yamato@jica.go.jp)

Ms. KIMIZU Tsutayo (Kimizu-Tsutayo@jica.go.jp)

2. Implementing Partner

(1) **Name:** University of Fukui

(2) **URL:** <https://www.u-fukui.ac.jp/eng/>

3. Travel to Japan

(1) **Air Ticket:** In principle, JICA will arrange an economy-class round-trip ticket between an international airport designated by JICA and Japan.

(2) **Travel Insurance:** Coverage is from time of arrival up to departure in Japan. Thus traveling time outside Japan (include damaged baggage during the arrival flight to Japan) will not be covered.

4. Accommodation in Japan

Basically, JICA will arrange the following accommodation(s) for the participants in Japan:

<Accommodation in TOKYO>

JICA Tokyo Center (JICA TOKYO)

Address: 2-49-5 Nishihara, Shibuya-ku, Tokyo 151-0066, Japan

TEL: +81-3-3485-7051 FAX: +81-3-3485-7904

<https://www.jica.go.jp/tokyo/english/office/index.html>

< Accommodation in FUKUI>

Under planning

If there is no vacancy at JICA TOKYO, JICA will arrange alternative accommodation(s) for the participants.

5. Expenses

The following expenses will be provided by JICA

(1) Allowances for meals, living expenses, and stopover.

(2) Expenses for study tours (basically in the form of train tickets).

(3) Medical care for participants who become ill after arriving in Japan (the costs related to pre-existing illness, pregnancy, or dental treatment are not included).

(4) Expenses for program implementation, including materials.

(5) For more details, please see "III. ALLOWANCES" of the brochure for participants titled "KENSU-IN GUIDE BOOK," which will be given before departure for Japan.

*Link to JICA HP (English/French/Spanish/Russian):

https://www.jica.go.jp/english/our_work/types_of_assistance/tech/acceptance/training/index.html

6. Pre-departure Orientation

A pre-departure orientation will be held at respective country's JICA office (or the Japanese Embassy), to provide Participants with details on travel to Japan, conditions of the course, and other matters.

*YouTube of "Knowledge Co-Creation Program and Life in Japan" and "Introduction of JICA Center" are viewable from the link below.

Image videos of 'Introduction of JICA Center (YouTube)' show the following information of JICA Centers: Location, Building, Entrance, Reception(Front desk), Lobby, Office, Accommodation(Room), Amenities(Hand dryer), Bathroom(Shower and Toilet), Toiletries, Restaurant, Laundry Room(Washing machine, Iron), ICT Room(Computer for participants), Clinic, Cash dispenser, Gym, Neighborhood

Part I: Knowledge Co-Creation Program and Life in Japan	
English ver.	https://www.youtube.com/watch?v=SLurfKugrEw
French ver.	https://www.youtube.com/watch?v=v2yU9ISYcTY
Spanish ver.	https://www.youtube.com/watch?v=m7l-WIQSDjl
Russian ver.	https://www.youtube.com/watch?v=P7_ujz37AQc
Arabic ver.	https://www.youtube.com/watch?v=1iBQqdpXQb4
Part II: Introduction of JICA Centers in Japan	
JICA Hokuriku	https://www.jica.go.jp/hokuriku/english/office/index.html

V. Other Information

(1) It is highly recommended for participants to bring Personal computer (Laptop Computer) to prepare and/or revise Action Plan.

(2) As Japanese electric outlet is Type-A, if the participants would like to bring own computer, it is necessary to bring a Type-A adaptor also. If your machine does not have an adaptor, you should bring a transformer. Japanese voltage is 100V, frequency is 60Hz.



(3) It is recommended for participants to bring the wear for season referring the temperature table below.

*Average temperatures for each month in Fukui Prefecture.

month	1	2	3	4	5	6	7	8	9	10	11	12
average temperature (°C)	3.0	3.4	6.8	12.8	17.7	21.6	25.6	27.2	22.7	16.6	11.0	5.9
amount of rainfall (mm)	284.8	169.7	156.8	127.3	146.2	166.5	233.4	127.6	202.3	144.9	205.3	272.9

(4) Participants should bring about 200 US dollars for an unexpected situation.

VI. Annex:

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Country:

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Organization:

Curent Position :

Secssion1

- ① Please attach an organization chart of your organization, if available. and describe the tasks under its responsibility.
- ② Please describe your task engaged in currently.
- ③ Please describe what institutions you work with and how you work with them in your work.
- ④ Please describe any challenges you face in carrying out your task.
- ⑤ Please describe any initiatives you are taking to ensure that the challenge is tackled.
- ⑥ Please describe any Japanese initiatives you are interested in and points you would like to learn about.

Secssion2

- ① Please explain current Situation and Challenges of Thailand's Aging Society with specific examples and identify priority issues.
- ② Please explain your views on the challenges facing the elderly welfare and long-term care sector in Thailand, as well as your ideas for the policies and institutional designs that would be necessary to address these challenges.
- ③ Are you aware that due to the shortage of care personnel in Japan, the country has been accepting care workers from ASEAN member states?
- ④ Are you aware that there are individuals from Thailand who are working in Japan as care personnel?
- ⑤ Describe how Thai care personnel who have worked abroad through the Technical Intern Training Program or Specified Skilled Worker Program can contribute to elderly welfare in Thailand upon their return, including proposals for concrete systems and mechanisms.

For Your Reference

JICA and Capacity Development

Technical cooperation is people-to-people cooperation that supports partner countries in enhancing their comprehensive capacities to address development challenges by their own efforts. Instead of applying Japanese technology per se to partner countries, JICA's technical cooperation provides solutions that best fit their needs by working with people living there. In the process, consideration is given to factors such as their regional characteristics, historical background, and languages. JICA does not limit its technical cooperation to human resources development; it offers multi-tiered assistance that also involves organizational strengthening, policy formulation, and institution building.

Implementation methods of JICA's technical cooperation can be divided into two approaches. One is overseas cooperation by dispatching experts and volunteers in various development sectors to partner countries; the other is domestic cooperation by inviting participants from developing countries to Japan. The latter method is the Knowledge Co-Creation Program, formerly called Training Program, and it is one of the core programs carried out in Japan. By inviting officials from partner countries and with cooperation from domestic partners, the Knowledge Co-Creation Program provides technical knowledge and practical solutions for development issues in participating countries.

The Knowledge Co-Creation Program for Young Leaders is designed for young leaders expected to become future leaders in their specialized fields. Participants in the program learn about Japan's experience and technologies in the relevant fields that will be required for the future development of their own country. A variety of programs is open to young people in each field in each country.

Japanese Development Experience

Japan, as the first non-Western nation to become a developed country, built itself into a country that is free, peaceful, prosperous and democratic while preserving its tradition. Japan will serve as one of the best examples for our partner countries to follow in their own development.

From engineering technology to production management methods, most of the know-how that has enabled Japan to become what it is today has emanated from a process of adoption and adaptation, of course, has been accompanied by countless failures and errors behind the success stories.

Through Japan's progressive adaptation and application of systems, methods and technologies from the West in a way that is suited to its own circumstances, Japan has

developed a storehouse of knowledge not found elsewhere from unique systems of organization, administration and personnel management to such social systems as the livelihood improvement approach and governmental organization. It is not easy to apply such experiences to other countries where the circumstances differ, but the experiences can provide ideas and clues useful when devising measures to solve problems.

JICA, therefore, would like to invite as many leaders of partner countries as possible to come and visit us, to mingle with the Japanese people, and witness the advantages as well as the disadvantages of Japanese systems, so that integration of their findings might help them reach their developmental objectives.



Contact Information for Inquiries

For inquiries and further information, please contact the JICA overseas office or the Embassy of Japan. Further, address correspondence to:

JICA Hokuriku Center (JICA Hokuriku)